Being Me in My World

Who am I and how do I fit? Puzzle Map – Year 3

Weekly Celebration	Pieces	PSHE Learning Intentions	Social and Emotional Development Learning Intentions
Help others to feel welcome	Getting to know each other	I recognise my worth and can identify positive things about myself and my achievements. I can set personal goals	I value myself and know how to make someone else feel welcome and valued
Try to make our school community a better place	Our Nightmare School	I can face new challenges positively, make responsible choices and ask for help when I need it	I recognise how it feels to be happy, sad or scared and am able to identify if other people are feeling these emotions
Think about everyone's right to learn	Our Dream School	I understand why rules are needed and how they relate to right and responsibilities	I know how to make others feel valued
Care about other people's feelings	Rewards and Consequences	I understand that my actions affect myself and others and I care about other people's feelings	I understand that my behaviour brings rewards/consequences
Work well with others	Our Learning Charter	I can make responsible choices and take action	I can work cooperatively in a group
Choose to follow the Learning Charter	Owning our Learning Charter ***Assessment Opportunity***	I understand my actions affect others and try to see things from their points of view	I am choosing to follow the Learning Charter

Puzzle Outcome: The Learning Charter

Celebrating Difference

Respect for similarity and difference. Anti-bullying and being unique Puzzle Map – Year 3

Weekly Celebration	Pieces	PSHE Learning Intentions	Social and Emotional Development Learning Intentions
Accept that everyone is different	Families	I understand that everybody's family is different and important to them	I appreciate my family/the people who care for me
Include others when working and playing	Family Conflict	I understand that differences and conflicts sometimes happen among family members	I know how to calm myself down and can use the 'Solve it Together' technique
Know how to help if someone is being bullied	Witness and Feelings	I know what it means to be a witness to bullying	I know some ways of helping to make someone who is bullied feel better
Try to solve problems	Witness and Solutions	I know that witnesses can make the situation better or worse by what they do	I can problem-solve a bullying situation with others
Try to use kind words	Words that Harm	I recognise that some words are used in hurtful ways	I try hard to not use hurtful words (gay, fat)
Know how to give and receive compliments	Celebrating Difference: compliments ***Assessment Opportunity***	I can tell you about a time when my words affected someone's feelings and what the consequences are	I can give an receive compliments and know how this feels

Puzzle Outcome: Hall of fame display- Celebrating Difference

Dreams and Goals

Aspirations, how to achieve goals and understanding the emotions that go with this. Puzzle Map – Year 3

Weekly Celebration	Pieces	PSHE Learning Intentions	Social and Emotional Development Learning Intentions
Stay motivated when doing something challenging	Dreams and Goals	I can tell you about a person who has faced difficult challenges and achieved success	I respect and admire people who overcome obstacles and achieve their dreams and goals (e.g., through disability)
Keep trying even when it is difficult	My Dreams and Ambitions	I can identify a dream/ambition that is important to me	I can imagine how I will feel when I achieve my dream/ambition
Work well with a partner or in a group	A New Challenge	I enjoy facing new learning challenges and working out the best ways for me to achieve them	I can break down a goal into a number of steps and know how others could help me achieve it
Have a positive attitude	Our New Challenge	I am motivated and enthusiastic about achieving out new challenge	I know that I am responsible for my own learning and can use my strengths as a learner to achieve the challenge
Help others to achieve their goals	Our New Challenge- overcoming obstacles	I can recognise obstacles which might hinder my achievement and can take steps to overcome them	I can manage my feelings of frustration that may arise when obstacles occur
Are working hard to achieve their own dreams and goals	Celebrating My Learning ***Assessment Opportunity***	I can evaluate my own learning process and identify how it can be better next time	I am confident in sharing my success with others and can store my feelings in my internal treasure chest

Puzzle Outcome: Our Garden of Dreams and Goals.

Healthy Me

Being and keeping safe and healthy. Puzzle Map – Year 3

Weekly Celebration	Pieces	PSHE Learning Intentions	Social and Emotional Development Learning Intentions
Have made a healthy choice	Being Fit and Healthy	I understand how exercise affects my body and know why my heart and lungs are such important organs	I can set myself a fitness challenge
Have eaten a healthy meal, balanced diet	Being Fit and Healthy	I know that the amount of calories, fat and sugar into my body will affect my health	I know what it feels like to make a healthy choice
Have been physically active	What Do I Know About Drugs?	I can tell you my knowledge and attitude towards drugs	I can identify how I feel towards drugs
Have tried to keep themselves and others safe	Being Safe *Outcome-Keeping Safe*	I can identify things, people and places that I need to keep safe from. I know some strategies for keeping myself safe, who to go to for help and how to call emergency services	I can express how being anxious or scared feels
Know how to be good friends and enjoy healthy friendships	Safe or Unsafe	I can identify when something feels safe or unsafe	I can take responsibility for keeping myself and others safe
Know how to keep calm and deal with difficult situations	My Amazing Body ***Assessment Opportunity***	I understand how complex my body is and how important it is to take care of it	I respect my body and appreciate what it does for me

Puzzle Outcome: Happy Healthy Me Recipe Book.

Relationships

Building positive, healthy relationships Puzzle Map – Year 3

Weekly Celebration	Pieces	PSHE Learning Intentions	Social and Emotional Development Learning Intentions
Know how to make friends	Family Roles and Responsibilities	I can identify the roles and responsibilities of each member of my family and can reflect on the expectations for males and females	I can describe how taking some responsibility in my family makes me feel
Try to solve friendship problems when they occur	Friendship	I can identify and put into practice some of the skills of friendship eg. taking turns, being a good listener	I know how to negotiate in conflict situations to try to find a win-win solution
Help others to feel part of a group	Keeping Myself Safe Online	I know and can use some strategies for keeping myself safe online	I know who to ask for help if I am worried or concerned about anything online
Show respect in how they treat others	Being a Global Citizen 1	I can explain how some of the actions and work of people around the world help and influence my life	I can show an awareness of how this could affect my choices
Know how to help themselves and others when they feel upset or hurt	Being a Global Citizen 2	I understand how my needs and rights are shared by children around the world and can identify how our lives may be different	I can empathise with children whose lives are different to mine and appreciate what I may learn from them
Know and show what makes a good relationship	Celebrating My Web of Relationships ***Assessment Opportunity***	I know how to express my appreciation to my friends and family	I enjoy being part of a family and friendship groups

Puzzle Outcome: Fit together pieces of learning to create 'Our Relationship Fiesta'. Appreciation Streamers.