Being Me in My World

Who am I and how do I fit? Puzzle Map – Year 6

Weekly Celebration	Pieces	PSHE Learning Intentions	Social and Emotional Development Learning Intentions
Help others to feel welcome	My Year Ahead	I can identify my goals for this year, understand my fears and worries about the future and know how to express them	I feel welcome and valued and know how to make others feel the same
Try to make our school community a better place	Being a Global Citizen 1	I know that there are universal rights for all children but for many children these rights are not met	I understand my own wants and needs and can compare these with children in different communities
Think about everyone's right to learn	Being a Global Citizen 2	I understand that my action affect other people locally and globally	I understand my own wants and needs can compare these with children in different communities
Care about other people's feelings	The Learning Charter	I can make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities	I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them
Work well with others	Our Learning Charter	I understand how an individual's behaviour can impact on a group	I can contribute the group and understand how we can function best as a whole
Choose to follow the Learning Charter	Owning our Learning Charter ***Assessment Opportunity***	I understand how democracy and having a voice benefits the school community	I understand without school community benefits from a Learning Charter and I can help others to follow it by modelling it myself

Puzzle Outcome: The Learning Charter

Celebrating Difference

Respect for similarity and difference. Anti-bullying and being unique. Puzzle Map – Year 6

Weekly Celebration	Pieces	PSHE Learning Intentions	Social and Emotional Development Learning Intentions
Accept that everyone is different	Am I Normal?	I understand there are different perceptions about what normal means	I can empathise with people who are different
Include others when working and playing	Understanding Difference	I understand how being different could affect someone's life	I am aware of my attitude towards people who are different to me
Know how to help if someone is being bullied	Power Struggles	I can explain some of the ways in which one person or a group can have power over another	I know how it can feel to be excluded or treated badly by being different in some way
Try to solve problems	Why Bully	I know some of the reasons why people use bullying behaviours	I can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I'm part of one
Try to use kind words	Celebrating Difference ***Outcome: Admiration Accolades***	I can give examples of people with disabilities who lead amazing lives	I appreciate people for who they are
Know how to give and receive compliments	Celebrating Difference ***Assessment Opportunity***	I can explain ways in which difference can be a source of conflict and a cause of celebration	I can show empathy with people in either situation

Puzzle Outcome: Hall of fame display- Admiration Accolades

Dreams and Goals

Aspirations, how to achieve goals and understanding the emotions that go with this. Puzzle Map – Year 6

Weekly Celebration	Pieces	PSHE Learning Intentions	Social and Emotional Development Learning Intentions
Stay motivated when doing something challenging	Personal Learning Goals	I know my learning strengths and can set challenging but realistic goals for myself (e.g. one in-school goal and one out-of-school goal)	I understand why it is important to stretch the boundaries of my current learning
Keep trying even when it is difficult	Steps to Success	I can work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these	I can set success criteria so that I will know whether I have reached my goal
Work well with a partner or in a group	My Dream for the World	I can identify problems in the world that concern me and talk to other people about them	I recognise the emotions I experience when I consider people in the world who are suffering or living in difficult situations
Have a positive attitude	Helping to Make a Difference	I can work with other people to help make the world a better place	I can empathise with people who are suffering or who are living in difficult situations
Help others to achieve their goals	Helping to Make a Difference ***Outcome: Charity Fundraiser***	can describe some ways in which I can work with other people to help make the world a better place	I can identify why I am motivated to do this
Are working hard to achieve their own dreams and goals	Recognising Our Achievements ***Assessment Opportunity***	I know what some people in my class like or admire about me and can accept their praise	I can give praise and compliments to other people when I recognise their contributions and achievements

Puzzle Outcome: Charity Fundraising

Healthy Me

Being and keeping safe and healthy. Puzzle Map – Year 6

Weekly Celebration	Pieces	PSHE Learning Intentions	Social and Emotional Development Learning Intentions
Have made a healthy choice	Taking responsibility for my Health and Well-Being	I can take responsibility for my health and make choices that benefit my health and well-being	I am motivated to care for my physical and emotional health
Have eaten a healthy meal, balanced diet	Drugs	I know about different types of drugs and their uses and their effects on the body particularly the liver and heart	I am motivated to find ways to be happy and cope with life's situations without using drugs
Have been physically active	Exploitation	I understand that some people can be exploited and made to do things that are against the law	I can suggest ways that someone who is being exploited can help themselves
Have tried to keep themselves and others safe	Gangs	I know why some people join gangs and the risks this involves	I can suggest strategies someone could use to avoid being pressurised
Know how to be good friends and enjoy healthy friendships	Emotional and Mental Health	I understand what it means to be emotionally well and can explore people's attitudes towards mental health/illness	I know how to help myself feel emotionally healthy and can recognise when I need help with this
Know how to keep calm and deal with difficult situations	Managing Stress and Pressure ***Assessment Opportunity***	I can recognise stress and the triggers that cause this and I understand how stress can cause drug and alcohol misuse	I can use different strategies to manage stress and pressure

Puzzle Outcome: Happy Healthy Me Recipe Book. Healthy Body, Healthy Mind.

Relationships

Building positive, healthy relationships Puzzle Map – Year 6

Weekly Celebration	Pieces	PSHE Learning Intentions	Social and Emotional Development Learning Intentions
Know how to make friends	What is Mental Health?	I know that it is important to take care of my mental health	I understand that people can get problems with their mental health and that it is mothing to be ashamed of
Try to solve friendship problems when they occur	My Mental Health	I know how to take care of my mental health	I can help myself and others when worried about being a mental health problem
Help others to feel part of a group	Love and Loss	I understand that there are different types of loss that cause people to grieve	I can recognise when I am feeling those emotions and have strategies to manage them
Show respect in how they treat others	Power and Control	I can recognise when people are trying to gain power or control	I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control
Know how to help themselves and others when they feel upset or hurt	Being Online: Real or Fake? Safe or Unsafe?	I can judge whether something online is safe and helpful for me	I can resist pressure to do something online that might hurt myself or others
Know and show what makes a good relationship	Using Technology Responsibly ***Assessment Opportunity***	I can use technology positively and safely to communicate with my friends and family	I can take responsibility for my own safety and well-being

Puzzle Outcome: Fit together pieces of learning to create 'Our Relationship Fiesta'. Internet Safety Presentation.