WHOLE SCHOOL PROGRESSION PLANNING: PE

The following document outlines the areas of PE to be covered across the school year. Teachers should be flexible in making decisions about their specific choices of topics and time will be given for professional dialogue to avoid duplication.

To login to Jasmine Active (real PE), click here. To login to Get Set 4 PE, click here.

Cycle A - 2026/2027

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Elm (EYFS and Year 1)	Real PE: Personal Fundamentals – EYFS Unit 1	Real PE: Social Dance - EYFS	Real PE: Cognitive Games- EYFS- Unit 1	Real PE: Creative Ball Skills – EYFS Unit 1	Real PE: Applying physical skills Invasion – Year 1	Real PE: Health and Fitness Games – Year 1
Ash (Year 2)	Real PE: Personal Invasion – Year 2	Real PE: Social Gymnastics – Year 1	Real PE: Cognitive Striking and Fielding – Year 2	Real PE: Creative Dance – Year 2	Real PE: Applying physical skills Target – Year 1	Real PE: Health and Fitness Athletics – Year 2
Oak (Year 3)	Real PE: Personal Target – Dodgeball Year 4	Real PE: Social Invasion – Hockey Year 3	Real PE: Cognitive Dance – Year 3	Real PE: Applying physical skills Invasion – Netball Year 4	Real PE: Creative Net and Wall – Badminton Year 3	Real PE: Health and Fitness Striking and Fielding – Cricket Year 3
Beech (Year 4) OAA – Year 5/6	Real PE: Personal Net and Wall - Tennis Year 5	Real PE: Social Swimming	Real PE: Cognitive Invasion - Tag Rugby Year 5	Real PE: Creative Gymnastics – Year 4	Real PE: Applying physical skills Striking and Fielding – Rounders Year 5	Real PE: Health and fitness Athletics – Year 4
Willow (Year 5/6)	Real PE: Cognitive Swimming	Real PE: Creative Invasion – Basketball Year 5	Real PE: Social Dance – Year 5	Real PE: Applying physical skills Target – Dodgeball Year 6	Real PE: Health and fitness Invasion – Football Year 6	Real PE: Personal Striking and Fielding – Cricket Year 6

WHOLE SCHOOL PROGRESSION PLANNING: PE

Cycle B - 2027/2028

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Elm (EYFS and Year 1)	Real PE: Personal Fundamentals - EYFS Unit 2	Real PE: Social Gymnastics 1 - EYFS	Real PE: Cognitive Fundamentals – Year 1	Real PE: Creative Ball Skills – EYFS Unit 2	Real PE: Applying physical skills Dance – Year 1	Real PE: Health and Fitness Sending and Receiving- Year 1
Ash (Year 2)	Real PE: Personal Target Games - Year 2	Real PE: Social Gymnastics - Year 2	Real PE: Cognitive Net and Wall - Year 2	Real PE: Creative Dance - Year 1	Real PE: Applying physical skills Athletics - Year 1	Real PE: Health and Fitness Ball Skills - Year 2
Oak (Year 3)	Real PE: Personal Ball Skills Year 3/4	Real PE: Social Invasion - Football Year 3/4	Real PE: Cognitive Gymnastics Year 3	Real PE: Creative Invasion - Basketball Year 3/4	Real PE: Applying physical skills Invasion - Tag Rugby Year 3/4	Real PE: Health and Fitness Athletics Year 3
Beech (Year 4) OAA – Year 5/6	Real PE: Personal Invasion - Hockey Year 5/6	Real PE: Social Swimming	Real PE: Cognitive Invasion - Handball Year 3/4	Real PE: Creative Dance Year 4	Real PE: Applying physical skills Striking and Fielding Cricket - Year 5/6	Real PE: Health and fitness Net and Wall - Tennis Year 6
Willow (Year 5/6)	Real PE: Cognitive Swimming	Real PE: Creative Net and Wall - Netball Year 5/6	Real PE: Social Gymnastics Year 5	Real PE: Applying physical skills Invasion - Tag Rugby Year 5/6	Real PE: Health and fitness Target - Golf Year 5/6	Real PE: Personal Striking and fielding - Rounders. Year 5/6

Please note that when selecting the appropriate planning documentation for the unit of work, both real PE and Get Set 4 PE offer support for dance and gymnastics.

The following list outlines which ‘sports’ fall into the categories outlined above. This list is not exhaustive and class teachers should speak with HoS if they are unsure.

WHOLE SCHOOL PROGRESSION PLANNING: PE

Invasion Games	tag rugby, football, basketball, netball, hockey, bench ball, dodgeball
Striking and Fielding Games	cricket, rounders, kickball, softball
Net and Wall Games	tennis, badminton, volleyball, seated volleyball
Target Games	golf, boccia, archery, bowling

Please note that when selecting the appropriate planning documentation for the unit of work, both real PE and Get Set 4 PE offer support for dance and gymnastics.